



LA LIGNIÈRE

Dear Madam, dear Sir,

In order to best prepare for your arrival and ensure the comfort of your stay, here is a list of items we recommend you bring :

Sports gear :

- shorts
- t-shirts
- tracksuit
- swimsuit
- indoor gym shoes
- walking shoes
- a bathrobe

As your stay includes outdoor activities, we also recommend bringing the following items depending on the season :

- raincoat
- warm waterproof jacket (anorak)
- sweater
- gloves
- scarf
- hat
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- light jacket
- cap or hat
- sunglasses

On the day of your admission, please report to the reception desk. A staff member from the admissions department will assist you with the administrative formalities. Then, a nurse will accompany you to your room.

We are available to answer any questions you may have at
T. +41 22 999 64 64 or reception.clinique@la-ligniere.ch

We wish you a pleasant stay and a speedy recovery.

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